

COGNITIVE BEHAVIORAL TREATMENT REVIEW

& Moral Reconciliation Therapy (MRT®) News
Correctional Counseling, Inc.

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Cognitive Behavioral Treatment Review

& Moral Reconciliation Therapy (MRT®) News

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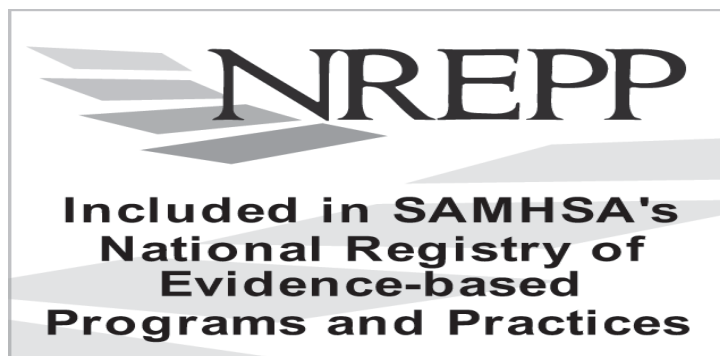
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CBTR is a quarterly publication focusing on enhancing and improving treatment outcomes for offenders, substance abusers, at-risk youth, domestic violence perpetrators, and others with resistant personalities. Article submissions are encouraged. Copyright © 2008 by Correctional Counseling, Inc. All rights reserved.

Moral Reconciliation Therapy (MRT®) Added to SAMHSA's National Registry of Evidence-Based Programs & Practices

Correctional Counseling Inc. is pleased to announce that Moral Reconciliation Therapy (MRT®) has been selected for inclusion on the National Registry of Evidence-based Programs and Practices (NREPP) sponsored by the Substance Abuse and Mental Health Services Administration. NREPP originated in 1997 in SAMHSA's Center for Substance Abuse Prevention (CSAP) as part of the Model Programs Initiative. Then called the National Registry of Effective Prevention Programs, NREPP was envisioned as a way to help professionals in the field become better consumers of substance abuse prevention programs.



NREPP is an on-line registry of mental health and substance abuse interventions that have been reviewed and rated by independent reviewers. The registry was created to assist the public in identifying approaches to preventing and treating mental and/or substance use disorders that have been scientifically tested and that can be readily disseminated to the field. NREPP is one way that SAMHSA is working to improve access to information on tested interventions and thereby reduce the lag time between the creation of scientific knowledge and its practical application in the field.

NREPP is a voluntary, self-nominating system in which intervention developers elect to participate. There will always be some interventions that are not submitted to NREPP, and not all that are submitted are reviewed. Once an intervention has been accepted for review, the developer and NREPP staff work together to identify the outcomes and materials that will be used in the review. A review generally takes several months to complete, from the initial scheduling of the kickoff call to the completion of an NREPP intervention summary.

DRIVING THE RIGHT WAY

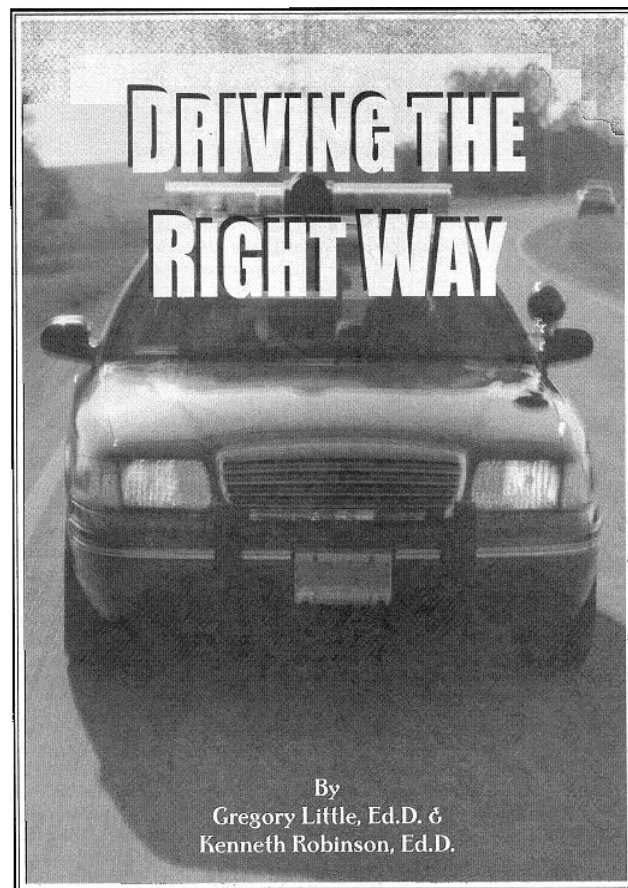
A Cognitive-Behavioral Program for DUI/DWI Offenders by Dr. Gregory Little & Dr. Kenneth Robinson

Traditional educational programs for DWI and DUI offenders have been utilized for nearly 40 years, but research consistently shows that these programs do not impact subsequent reoffending. Cognitive-behavioral interventions-changing how offenders think and make decisions-are the preferred, state-of-the-art treatment approaches for offenders. The *Driving the Right Way* program consists of four sessions, focused on changing thinking and decision-making. The program is implemented in ongoing, open-ended groups. A simple facilitator's guide is available as well as the program on cassette tape.

In addition, CCI can customize workbooks with DUI statistics for your State! Now available for Tennessee, Illinois, Ohio, Louisiana, Georgia, Nebraska, New Mexico, and Washington. You only have to order 50 books and we can add your state!

The workbook is only \$10.00 with discounts available for bulk purchases. The *Facilitator's Guide* is free with workbook purchase.

Order Form on page 19. For more information, please call 901-360-1564 or e-mail ccimrt@aol.com.



**The New Spanish
Edition
*Cómo Conducir De
La Manera
Apropiada*
Is Now Available!
See Page 16.**

Tennessee Drug Court Program Successfully Treats Methamphetamine Dependency

By Dr. Deborah Gibson, Professor University of Tennessee at Martin
and Dr. Johnnie Welch, Primary Drug Court Therapist

The 27th Judicial District Drug Court serves adult, nonviolent felony offenders with substance abuse or substance dependence disorders in Weakley and Obion Counties of West Tennessee. The majority of those admitted have multiple histories of drug usage and conviction. The 27th Judicial District Drug Court is a three phase program which takes on average 15 months to complete.

In phase I the participants attend 12 hours of outpatient counseling per week, meet with their case officer twice per week, participate in drug screens, comply with curfew requirements which are enforced with “knock and talks” and appear before the Drug Court Judge once per week. “Knock and talks” consist of a police officer driving by and visiting the client during their curfew to ensure that they are in compliance. The intensity of counseling, reporting with the case officer and “knock and talks” decline as participants advanced in program phases.

The MRT program is a vital component of the counseling sessions. In order to complete the program graduates have to have been in the program for at least 12 months, they must have completed the MRT, 100 hours of community service and be gainfully employed. In addition participants who are required to pay child support must be in compliance with their child support obligations.

Forty-one percent of those admitted to the 27th Judicial District Drug court reported methamphetamine as their drug of choice. Early substance abuse dependence literature reported the difficulty in treating methamphetamine dependent clients with “standard” treatment. The 27th Judicial District Drug Court has been successfully treating methamphetamine dependent clients utilizing primarily the MRT program.

The first participant was accepted into the program in December of 2002, as of June 30, 2008 160 individuals have been accepted into the program, 63 have graduated and 64 have been terminated. When analyzing the performance of drug courts the two key measures used are retention and recidivism.

Recidivism addresses the rearrest rate among both in program participants and those who have graduated from the program. Seventy six percent are crime free two years past graduation. This translates into a 24% recidivism rate.

Forty -four drugs courts in Tennessee submitted a 2006-2007 fiscal year annual report to The Department of Finance and Administration, Office of Criminal Justice Programs. The 27th Judicial District Drug Court was one of only twelve of these courts reported a recidivism rate of less than 25%, with reported recidivism rates ranging from 0 – 80%.

The retention rate is the level to which the program is able to keep clients from the beginning of the program through graduation. The average reported retention rate since program inception from all reporting Tennessee Drug Courts for the 2006-2007 fiscal year is 53%. The current retention rate for the 27th Judicial District Drug Court is 60%.

Cognitive Behavioral Treatment Review (CBTR) is a quarterly publication published by Correctional Counseling, Inc. © 2008 — All rights reserved. Correctional Counseling, Inc. provides a wide range of services and products and specializes in cognitive-behavioral interventions. Our major service areas are:

Cognitive-Behavioral Training and Materials
Moral Reconciliation Therapy® Training and Materials
Domestic Violence Treatment & Materials
Relapse Prevention
Drug Treatment Programming
Drug Court Services • DWI Programming
Mental Health Court Treatment
Specialized Probation/Parole Programs
Criminal Justice Staff Training
Therapeutic Community Programs

For additional program information, please contact:
Dr. Johnnie Welch, Primary Drug Court Therapist,
at johnniewelch@msn.com

MRT[®] as an “Evidence Based Practice”

2008 — MRT cited as an **Evidence Based Practice** by the Oregon Department of Human Services.

Source: (2008) Oregon Department of Human Services, Addictions and Mental Health Services website.

Ref: <http://www.oregon.gov/DHS/mentalhealth/ebp/practices.shtml>

2008 — MRT cited as an **Evidence-Based Program** that seeks to decrease recidivism among juvenile and adult criminal offenders by increasing moral reasoning.

Source: (2008) National Registry of Evidence-based Programs and Practices (NREPP), a service of the Substance Abuse and Mental Health Services Administration (SAMHSA).

Ref: <http://www.nrepp.samhsa.gov/>

2006 — MRT cited as providing **Strong Evidence** that MRT programs are **Effective** in reducing the recidivism of offenders.

Source: *What Works in Corrections*

Ref: MacKenzie, D. L. (2006) *What Works in Corrections*; Cambridge University Press, 115-120.

2005 — MRT cited as **Evidence Based Practice** with female juvenile offenders.

Source: Florida Department of Juvenile Justice (November 2005) *Moderate- and High-Risk Residential Programming for Girls*.

2005 — MRT cited as **Evidence-Based Practice** in probation.

Source: State of Connecticut—Judicial Branch (April 2005) *Re-Engineering Probation Towards Greater Public Safety: A Framework for Recidivism Reduction Through Evidence-based Practice*.

2005 — MRT cited as **Proven to Reduce Recidivism** in DWI courts.

Source: National Drug Court Institute (2005) *The Ten Guiding Principles of DWI Courts*.

2004 — MRT cited as **Evidence-Based Practice** in probation and parole.

Source: State of Connecticut, Judicial Branch, Court Support Services Division.

Ref: White, T. F. (February 2004) *A Framework for implementing evidence-based practice in probation and parole*. State of Connecticut, Judicial Branch, Court Support Services Division.

2002 — MRT cited as **Cost Effective** and **Proven to Reduce Recidivism**.

Source: Citizens Crime Commission of Portland, Oregon.

Ref: *A report of the recidivism reduction committee of the Citizens Crime Commission of Portland, Oregon* (May 2002).

2002 — MRT cited as **Evidence-Based Practice** with Adults and **Promising Practice** with Juveniles.

Source: SAMHSA - Appendix II: *Examples of Evidence-Based Programs, Guidelines for Building Mentally Healthy Communities*.

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Source: North Carolina Department of Correction.

Ref: Pearce, S. C., & Halbrook, D. (August 2002) *Research findings and best practices in substance abuse treatment for offenders*. North Carolina Department of Correction, Office of Research and Planning.

2001 — MRT cited as one of few programs that actually **Reduces Recidivism**.

Source: *United Nations Programme Network Institutes*.

Ref: MacKenzie, D. L. (2001) *United Nations Programme Network Institutes Technical Assistance Workshop*; Vienna, Austria, May 10, 2001: *Sentencing and Corrections in the 21st Century: Setting the Stage for the Future*. National Institute of Justice.

2001 — MRT cited as **Successful Approach** to reduce recidivism.

Source: University of Maryland research

Ref: Allen, L. C., MacKenzie, D. L., & Hickman, L. J. (2001) The effectiveness of cognitive behavioral treatment for adult offenders: a methodological, quality based review. *International Journal of Offender Therapy and Comparative Criminology*, 45, 498-515.

2001 — MRT cited as a **Proven Treatment** to reduce recidivism.

Source: Oregon Office of Alcohol and Drug Abuse Programs

Ref: *What works for offenders in substance abuse treatment?* (January 2001). Oregon Office of Alcohol and Drug Abuse Programs.

2000 — MRT cited as an **Effective Approach** for ex-offender employment.

Source: Buck, M. L. (2000) *Getting Back To Work: Employment Programs For Ex-Offenders*. Field Report Series, Public/Private Ventures, Fall.

1999 — MRT cited as a **Program That Works** to reduce juvenile violence.

Source: Seifert, K. (1999) The violent child: profiles, assessment and treatment. *Paradigm*, Fall, 7-9.

1998 — MRT cited as an **Innovative Practice** in the Adult and Juvenile criminal justice systems.

Source: Koch Crime Institute, a private, non-profit organization devoted to improving criminal justice. Ref: Koch Crime Institute (1998) *Innovative Practices in the Criminal and Juvenile Justice Systems*. Topeka, KS: Koch Crime Institute.

ANGER MANAGEMENT Group Starter Kit with Training DVD & Book on Tape

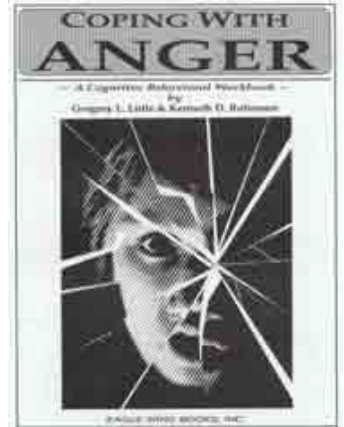
COPING WITH ANGER

A Cognitive-Behavioral Workbook

Coping With Anger is a 49 page cognitive-behavioral MRT® workbook designed for eight (8) group sessions and is one of CCI's most popular programs. Used in probation & parole, prisons, community corrections, and other treatment sites, *Coping With Anger* is ideal for use with violent offenders, argumentative or oppositional clients, and with those who have trouble expressing feelings of anger.



Training DVD Now Available! A 1.5 hour DVD has been created to assist programs and counselors who want to observe how the anger management program is conducted. The DVD shows how clients should complete homework for each of the program's 8 modules and how the homework in each module is presented in group. It is available in a newly packaged, discounted Group Starter Kit or can be purchased individually. A FREE CD with the training on a Quicktime file is included in the Group Starter Kit (for use on computers).



***Coping With Anger*, on cassette tape, also included in Starter Kit!**

The entire *Coping With Anger* workbook is now available on audio cassette for use with clients who have problems reading. The tape has Dr. Greg Little reading the text and explaining the exercises.

**Group Starter Kit, a \$345 value, is only \$245!
A 29% Discount**

**Anger Management
Group Starter Kit contains:**

15 *Coping With Anger* workbooks

2 *Facilitator Guides*

2 *5-Minute Stress Manager* cassette tapes

2 *Relaxation/Progressive Muscle Relaxation*
tapes

1 *Anger Management Training DVD*

1 *FREE Anger Management Training Quicktime*

ITEM PRICES

Group Starter Kit— \$245

Training DVD— \$100

Book on Cassette Tape—\$50

***Coping With Anger
workbook— \$10***

Facilitator's Guide— \$5

5-Minute Stress Manager

Tape— \$8.95

***Basic Relaxation/Muscle
Relaxation Tape—\$8.95***

**Call
901-360-1564
to order**

What is MRT®?

Moral Reconation Therapy® is a systematic, step-by-step cognitive-behavioral treatment system initially designed for offender populations. MRT is designed to alter how offenders think and how they make decisions about right and wrong. MRT:

- Addresses the unique needs of offender populations including criminologic factors, values, beliefs, behaviors, and attitudes.
- Enhances ego, social, and moral growth in a step-by-step fashion.
- Develops a strong sense of personal identity with behavior and relationships based upon higher levels of moral judgment.
- Reeducates clients socially, morally, and behaviorally to instill appropriate goals, motivation, and values.
- Is easy to implement in ongoing, open-ended groups with staff trained in the method.

Your staff can be trained in MRT in a week-long, state-of-the-art training. Once training is complete, your staff can implement the groups by obtaining copies of the appropriate MRT workbook for clients. Many drug courts require clients to bear the costs of workbooks and groups.

Questions? Call or Email

Sharron Johnson
ccimrt@aol.com
901-360-1564
FAX 901-757-1995

WHY is MRT® the Best Choice for Your RSAT or Drug Court Treatment Needs?

Because MRT Really Works! Research published over the past 15 years shows that MRT-treated offenders have a 30-50% lower recidivism rate than appropriate controls. MRT can easily be adapted for use in any program. Call Steve Swan at (901) 360-1564 for details.

- **Nationally recognized cognitive-behavioral counseling approach.**
- **Open-ended program with flexible client participation and preprinted materials.**
- **History of successful corporate performance for over 10 years.**
- **Record of effective implementation at multiple sites.**
- **Comprehensive, proven training.**
- **Competitive costs.**

See the websites at www.ccimrt.com & www.moral-reconation-therapy.com for more information about MRT®.

OFFENDERS THINK LIKE CRIMINALS!

Offenders believe everyone lies, cheats, and steals.

Offenders believe no one can be trusted.

Offenders believe that rules and laws don't apply to them.

Offenders look for short-term pleasures.

Offenders view relationships from an exploitative position.

Offenders have a negative identity.

Samenow and Yochelson pioneered research that captured the essence of criminal thinking. It is known that treatment approaches that don't alter criminal thinking and behavior fail to produce beneficial changes. MRT effectively alters criminal thinking and behavior and organizes the criminal personality into several stages. These stages also capture the essence of criminal thinking, but MRT does not directly address each criminal thought one by one. Some programs may wish to dispute each specific thought: from fundamental dishonesty, lack of trust, lack of acceptance, to ideas about relationships. *Thinking For Good*, does just that in preparing offenders for making changes. The MRT stages of Disloyalty, Opposition, Uncertainty, Injury, and Non-Existence are described in detail and specific criminal thinking commonalities are identified in each. Exercises explore each thought and allow for the disputation of each belief in groups.

Thinking For Good

70 pages; 8.5 X 11; 10 modules. \$10.00 per copy

One-Day MRT® Review Training for Trained & Certified MRT Facilitators

MRT Review Training is a one-day (8-hour) workshop designed to enhance MRT facilitators' knowledge of MRT, develop additional group facilitation skills, and review the objective criteria for operating MRT groups. This workshop is a refresher course available to only those individuals who have already completed basic MRT training. A certificate of completion is awarded to all participants.

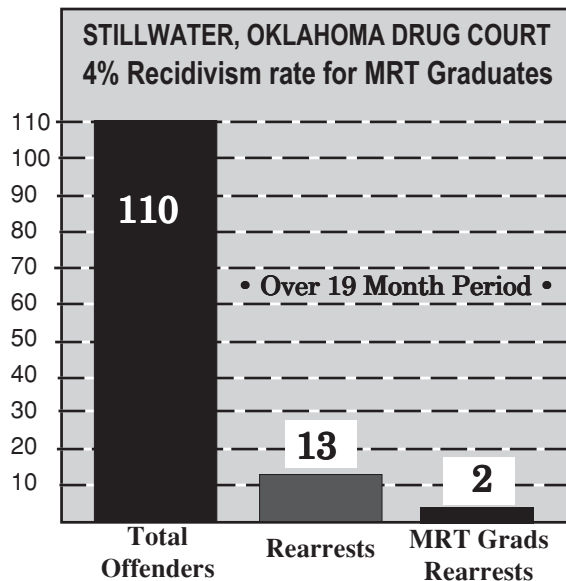
The One-Day MRT Review Training is held periodically in Memphis and can also be scheduled at other sites. The basic cost is \$150 per person. For more information or to schedule a training, call Sharron Johnson at 901-360-1564.

What Do Drug Court Professionals Know That You Should Know?



MRT WORKS! Research Shows...

Substantial research has been generated and published from programs utilizing MRT. Recidivism research covering 10 years after participants' treatment with MRT have shown consistently lower recidivism rates (25-60%) for those treated with MRT as compared to appropriate control groups. A 1996 evaluation of the Stillwater, Oklahoma Drug Court utilizing MRT as its primary treatment modality showed only a 4% recidivism rate of program participants nineteen months after graduation. Other data analyses have focused on treatment effectiveness (recidivism and re-arrests), effects upon personality variables, effects on moral reasoning, life purpose, sensation seeking, and program completion. MRT has been implemented state-wide in numerous states in various settings including community programs and drug courts. Almost 100 research evaluations have been conducted on MRT and published. These evaluations have reported that offenders treated with MRT have significantly lower reincarceration rates, less reinvolved with the criminal justice system, and lessened severity of crime as indicated by subsequent sentences for those who do reoffend.



- **Nationally recognized** cognitive-behavioral counseling approach.

- **Open-ended program** with flexible client participation and pre-printed materials.

- **History of successful corporate performance** for over 10 years.

- **Record of effective implementation** at multiple sites.

- **Comprehensive, proven training.**

- **Competitive costs.**

For information on implementing MRT in your drug court, call Sharron Johnson at 901-360-1564

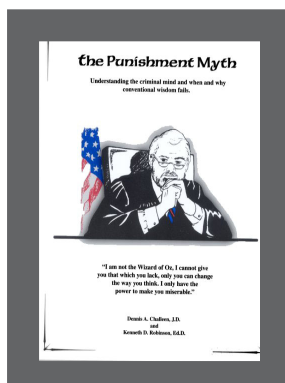
MRT cited as Proven to Reduce Recidivism in DWI courts.

Source: National Drug Court Institute (2005) *The Ten Guiding Principles of DWI Courts*.

The Punishment Myth

Understanding the criminal mind and when and why conventional wisdom fails.

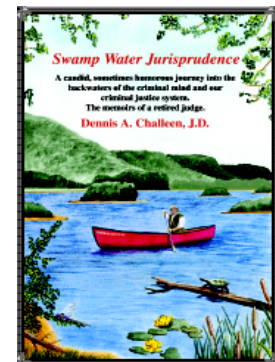
By Dennis A. Challeen, J.D. and Kenneth D. Robinson, Ed.D.



Purchase both books and receive a 1/3 discount off the regular price. Only \$20.00 for both volumes.

Swamp Water Jurisprudence

By Dennis A. Challeen, J.D.



Call 901-360-1564 & ask for this Special Offer!

EFFECTIVE COUNSELING APPROACHES

For Chemical Abusers & Offenders

By Dr. Greg Little, Dr. Ken Robinson, & Kathy Burnette

A basic understanding of the major counseling theories is essential for the practicing substance abuse counselor and those working with offenders. *Effective Counseling Approaches for Chemical Abusers & Offenders* is an indispensable primer covering the most commonly used counseling approaches. Few counselors are familiar with the history and background of the counseling field and the relative short history of substance abuse counseling. This text presents that history as well as shows when each counseling approach is best employed. *Effective Counseling Approaches* represents a comprehensive overview of various counseling theories, their underlying personality theory and philosophy, essential terminology for each, and a review of treatment outcomes. Counselors, counselors-in-training, criminal justice personnel, and other mental health personnel will find the book useful. Areas covered in this text include:

History of Counseling & Substance Abuse Counseling
History of Drug & Alcohol Treatment
Relationship between Counselor & Client
Essential Counselor Skills & Abilities
Background & History of Major Counseling Theories
Philosophy, Personality Theory, & Terminology of Each
Counseling Processes
Appropriate Use & Limit of Each Approach
Understanding Defense Mechanisms

Client-Centered Counseling
Behavioral Approaches
Rational-Emotive Therapy
Reality Therapy
Cognitive-Behavioral Therapy
Gestalt Therapy
Transactional Analysis

Order Form is on page 19

MAKING CHANGES FOR GOOD

**A Cognitive-Behavioral Approach for
Sex Offender Relapse Prevention**

Making Changes for Good is a 56 page, 10 session workbook designed for sex offender relapse prevention. It is designed to be used in open-ended groups where offenders can enter ongoing groups at any time. Clients read each module prior to coming to group and complete structured exercises. Helps clients identify risky behaviors and thoughts and make plans to cope.

Designed for:

Parole/Probation Supervision
Sex Offender Programs
Institutional Programs

***Making Changes for Good* is \$18.00**
***The Facilitator's Guide* is \$10.00**

UNTANGLING RELATIONSHIPS

**COPING WITH CODEPENDENT RELATIONSHIPS
USING THE MRT® MODEL**

Codependency is a controversial concept. But there is no doubt that offenders engage in manipulative and dependent relationships that complicate their many other problem areas. This workbook directly confronts these "codependent" relationships in a systematic, 12-group session format following MRT's model.

28 Pages, 12 Modules

- Easy To Implement
- Addresses All of the Key Issues in Codependence

Also now available in Spanish, *Desenredando Relaciones*.

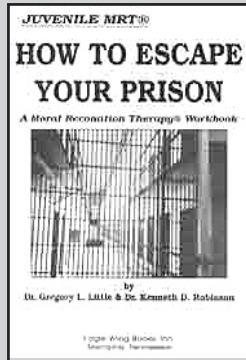
Client Workbook \$10.00

**UNTANGLING
RELATIONSHIPS**
COPING WITH CODEPENDENT
RELATIONSHIPS
USING THE MRT® MODEL



by
Dr. Gregory L. Little &
Dr. Kenneth D. Robinson
EAGLE WING BOOKS, INC.

Juvenile MRT® Workbooks



A juvenile version of *How To Escape Your Prison* is available. Programs and institutions with trained MRT facilitators may order copies of this 117 page workbook. *Juvenile MRT* is written on a lower reading level but retains the basic flow of MRT concepts and exercises **and is very user-friendly**. The book is appropriate for delinquents and juveniles in chemical abuse/conduct disorder programs as well as those in offender programs. Order on page 19 or call CCI at 901-360-1564.

GLACIER CONSULTING, INC.

EVALUATION & RESEARCH SERVICES AVAILABLE FOR STATE CRIMINAL JUSTICE PLANNING AGENCIES & DRUG COURTS

GCI offers practical, cost-effective evaluation and research services for drug courts, treatment programs, facilities, and departments within the criminal justice and corrections system. GCI will design data collection systems for your agency and interpret the data for evaluation. GCI's research team has many years of research experience evaluating program effectiveness. Contact Robert Kirchner, Ph.D., Research Director, at bobkirchner@gmail.com for additional information.

MRT® Program Fidelity Assurance Services Now Available by Video

Program fidelity is one of the most critical elements in the successful implementation of any program. CCI's video quality assurance services are a simple and economical method to insure your program utilizes MRT® as effectively as possible. Just follow this simple process:

1. To schedule Video Fidelity Assurance, call Sharron Johnson at (901) 360-1564 or email at ccimrt@aol.com.
2. Video your group or groups and send to Katherine Burnette, CCI, 2028 Exeter, Germantown, TN 38138.
3. An MRT trainer will review the video.
4. An MRT trainer will call you and provide phone consultation about the group.
5. You will receive a comprehensive written report concerning the group.
6. CCI will return the video.

Cost: \$200 per Group

SRT® School Curriculum Training

A school curricula for at risk youth, parents and families entitled Social Responsibility Training (SRT®) has been extensively field tested since 2001. SRT® has demonstrated significant positive behavior impact and reduction in school dropouts for both regular and special education students in many districts. SRT® is now being used in seventeen states. SRT® workbooks at the 6th, 4th and 3rd grade reading levels are available for delivery by classroom teachers to elementary, middle, and high school youth. A parallel curriculum for parents entitled *Personal Responsibility Parenting* (PRP) is now available. This workbook allows parents (and guardians) to learn skills similar to those their children learn in school. PRP is available in both correctional and non-correctional versions, and the non-correctional version is now available in Spanish.

Social Responsibility Training classes are open-ended, so students or parents can enter these programs at any point during the semester or school year and work at their own pace. During the school year, students set specific behavioral change goals, learn to change problem habits, complete public service projects, learn communication skills, and receive support for resolving both school and family behavior problems that interfere with school success. SRT has the following objectives:

1. Direct personal behavior in alignment with goals
2. Take full responsibility for behavior and adjustment in school
3. Understand how problem habits develop and how to change these patterns
4. Practice honesty, trust, and following the rules in school and community
5. Use communication skills to develop positive relationships
6. Practice skills in leadership, teaching, and helping others
7. Understand one's unique goals and abilities, and put these into positive action planning

Creating Family Freedom

This SRT 20-session family workbook is designed to be utilized by a Family Coach working with a single family, or in a class with multiple families. In working through the curriculum, each family completes several objectives: a) establishing Family Communication Ground Rules; b) taking weekly family action steps to remedy problems and challenges and enhance family strengths; c) developing a Family Agreement specifying responsibilities, benefits and consequences for each family member; and d) developing individual action plans to meet family responsibilities. A Coach's Guide is available.

(SRT®) Facilitator Training

Educators and other human service professionals can utilize all SRT® curricula upon completion of a three-day SRT® training covering all aspects of the curricula and implementation. Trainees receive an SRT® high school, middle school, and elementary workbook and facilitator guides, as well as class evaluation tools. Cost of the three day training is \$550 (this price includes facilitator travel expenses). School or agency administrators attend SRT® Facilitator Training without charge. Persons who have completed MRT® facilitator training can utilize SRT® parent and family curricula without completing additional training.

Visit the SRT® website at www.characterdevelopmentsystems.com
or call 303-449-2829 for further information.

Research Reports

Psychopathy and Recidivism From Mid-Adolescence to Young Adulthood: Cumulating Legal Problems and Limiting Life Opportunities by R.T. Salekin. (2007), *Journal of Abnormal Psychology*, 117 (2), 386-395.

The purpose of this study was to examine the ability of four psychopathy measures to successfully predict future antisocial outcomes over a three to four year period. The sample was a group of 130 children and adolescents (92 boys and 38 girls) who received a court assessment in a southeastern state.

The authors found that the psychopathy assessment in early adolescence was predictive of recidivism during the transition period between adolescence and young adulthood.

"...These findings build on previous research ...by demonstrating that psychopathy in adolescence also has a real world effect, including a cost to society with higher rates of offending in the community and a cost to youth with cumulating legal records that are likely to narrow their potential for prosocial growth in the community."

The Cost Benefits of Providing Community-Based Correctional Services: An Evaluation of a Statewide Parole Program in California by S.X. Zhang, R.E.L. Roberts, & V.J. Callanam. (2006), *Journal of Criminal Justice*, 34 (4), 341-350.

A cost-benefit analysis was done of a statewide program that offered community-based services for parolees in California. The study examined 28,708 parole releases of offenders provided with treatment services and 211,211 parole releases that did not receive services.

To evaluate the program effectiveness, the authors examined differences in incarceration-free days between the treatment and comparison populations. "On average, PPCP participants stayed on parole 53.6 days longer than the statewide comparison group on average....Applying the cost-benefit ratio to PPCP expenditures during the observation period yielded an adjusted savings estimate of \$26.6 million."

"This cost-benefit study found that the statewide services under the PPCP not only reduced the rate of reincarcerations among the participants, but also resulted in savings greater than the investment made. Participants were able to stay out of prison for 53.6 days on average longer than the statewide comparison populations. Although most of the cost savings were realized from those who completed treatment, these successful participants nonetheless were able to "carry" the program.

CRISIS INTERVENTION

- Contains reproducible Crisis Intervention Forms &
- Reproducible tests for Anxiety & Depression

Covers: History of Crisis Intervention
Important Crisis Factors
Models of Crisis Intervention
Crisis Terms & Definitions
Crisis Stages & Life Stressors

Counseling Techniques
Common Crises Observed
In Offenders
Typical Crises of
Chemical Abusers
\$10.00
See page 19 for
order form.

Moral Reconciliation Therapy® Increases Community Corrections Treatment Effectiveness

A 2005 meta-analysis¹ of nine published outcome studies detailing the results of MRT® treatment on the six-month to three-year recidivism of parolees and probationers showed that MRT cut expected recidivism by nearly two-thirds. These studies included 2,460 MRT-treated individuals and 7,679 controls.

A 2001 meta-analysis¹ of seven published outcome studies on the results of MRT treatment on one-year recidivism in community-based corrections showed that MRT cut expected recidivism by one-half. These studies included 3,306 MRT-treated individuals and 10,538 controls.

- Over 100 outcome studies have documented MRT
- MRT is the premiere cognitive-behavioral program
- MRT is easy-to-implement
- MRT enhances staff attitudes
- MRT is cost-effective
- MRT enhances offender compliance
- MRT significantly reduces recidivism
- MRT is a "Best Practice"
- MRT is an "Evidence-Based Practice"

For information on MRT and other specific cognitive-behavioral programs:
Anger Management — Relapse Prevention — Shoplifting
— Underage Drinking & False IDs — Parenting —
Criminal Thinking — Codependence — Sex Offenders —
Domestic Violence — Juvenile — CBT Training
call **Correctional Counseling, Inc.**

901-360-1564

or visit our websites

www.ccimrt.com

¹ www.moral-reconciliation-therapy.com

COGNITIVE-BEHAVIORAL TRAINING IN BASIC MRT® & MRT® DOMESTIC VIOLENCE PROGRAMMING

How MRT® Is Implemented:

MRT® is a trademarked and copyrighted cognitive-behavioral treatment system for offenders, juveniles, substance abusers, and others with resistant personalities. The system was developed in the mid-1980s and has had substantial outcome research published in the scientific literature showing that recidivism is significantly lowered for ten years following treatment. MRT® is performed in open-ended groups typically meeting once or twice per week. Clients complete tasks and exercises outside of group and present their work in group. The MRT-trained facilitator passes clients' work according to objective guidelines and criteria outlined in training. ***Programs using MRT® must supply clients with a copy of an MRT® workbook that are purchased from CCI for \$25 per copy.*** MRT® formats are in use for general offenders, juveniles, perpetrators of domestic violence, and others. MRT® trainings are held routinely across the United States and monthly in Memphis. Accredited CEUs for MRT training are offered from Louisiana State University at Shreveport for participants who complete training. Training dates and a registration form can be found below. Feel free to call or write for more details.

— MRT® Trainers —

CCI staff conduct each training session. Trainers may include Dr. Ken Robinson (a co-developer of MRT®), Kathy Burnette, M.S. (CCI's Vice President of Clinical & Field Services), Steve Swan, M.Ed., Laura Gilreath, M.S., or a regional CCI trainer.. All MRT® trainers have over 20 years direct criminal justice and substance abuse treatment experience and all have been involved in the implementation of MRT® in both juvenile and adult settings .

CCI's DOMESTIC VIOLENCE PROGRAM:

- 24 Sessions
- Printed Formats & Manual
- Objective Cognitive Behavioral Criteria
- Meets State's Requirements on Power & Control Model
- CEUs Offered

For Information
call or write CCI:
Sharron Johnson
2028 Exeter
Germantown, TN 38138

(901) 360-1564
e-mail ccimrt@aol.com

MRT® OR DOMESTIC VIOLENCE TRAINING REGISTRATION FORM

Please register the following persons for MRT or Domestic Violence Training:

	<u>COST</u>	
NAME 1 _____	\$600	
NAME 2 _____	\$500	✂
NAME 3 _____	\$500	
NAME 4 _____	\$500	

**CREDIT CARD
ORDERS
CALL
(901) 360-1564**

AGENCY _____
ADDRESS _____
CITY/STATE/ZIP _____
PHONE # _____

TRAINING DATES SELECTED: _____ TOTAL: _____

Mail form with payment to: CCI • 2028 Exeter Rd. • Germantown, TN 38138

Payment Enclosed (please check one): ☐ Check ☐ Money Order ☐ Purchase Order (attached)

Be sure to check that your training dates correspond to the training for which you are registering (e.g. MRT or Domestic Violence). A \$50 processing fee will be assessed on refunds due to participant cancellation 10 days or less before training. Note that some training dates have limited availability of open slots. CCI reserves the right to cancel training dates if insufficient participants have enrolled.

Upcoming Trainings In MRT® & Domestic Violence

MRT® TRAININGS:

October 21, 2008 to October 24, 2008 - Idaho Falls, ID
 November 17, 2008 to November 21, 2008 - Germantown, TN
 December 1, 2008 to December 4, 2008 - New York City, NY
 December 1, 2008 to December 5, 2008 - Germantown, TN
 December 9, 2008 to December 12, 2008 - Lafayette, LA
 January 12, 2009 to January 15, 2009 - Flagstaff, AZ
 January 13, 2009 to January 16, 2009 - Albuquerque, NM
 February 2, 2009 to February 5, 2009 - Grand Rapids, MI
 February 10, 2009 to February 13, 2009 - Olympia, WA
 February 16, 2009 to January 20, 2009 - Germantown, TN
 March 30, 2009 to April 3, 2009 - Germantown, TN
 May 11, 2009 to May 15, 2009 - Germantown, TN

ADVANCED MRT® TRAININGS:

October 20, 2008 - Idaho Falls, ID
 April 29, 2009 to April 30, 2009 - Germantown, TN

DOMESTIC VIOLENCE TRAININGS:

October 20, 2008 to October 23, 2008 - Germantown, TN
 November 17, 2008 to November 20, 2008 - Johnson City, TN
 June 9, 2009 to June 12, 2009 - Olympia, WA

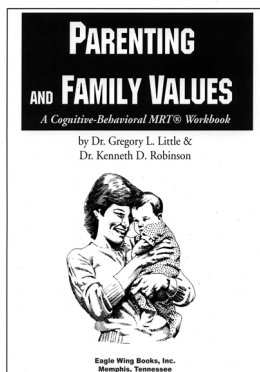
Note: Additional trainings will be scheduled in various locations in the US. See our website at www.ccimrt.com or call CCI concerning specific trainings. CCI can also arrange a training in your area. Call 901-360-1564 for details.

PARENTING AND FAMILY VALUES

A Cognitive-Behavioral MRT® Workbook

A 12 group session workbook aimed at assisting parents and caregivers to discover and develop appropriate and effective parenting methods while focusing on the underlying family values. In this 75-page workbook, parents confront their own parenting styles, values, and methods of discipline.

- Parent Values
- Parenting Young Children
- Values In Children
- Handling Children's Problems
- Parenting Adolescents & Teens
- Problems In Adolescents & Teens
- The Healthy Family



- Parents of Delinquents
- Offenders With Children
- Substance Abusers With Children
- Parents Experiencing Problems
- Parents Seeking Understanding

*Parenting
and Family Values*
is \$15.00 per copy.

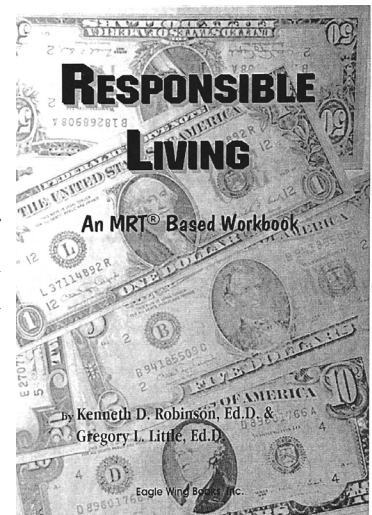
RESPONSIBLE LIVING:

An MRT® Based Workbook

An MRT® based, 8 session, open-ended, group workbook primarily for misdemeanants in brief programming.

Includes modules on rules, relationships, feelings for others, personal exploration of values, goal setting, and making commitments.

**Bad Checks
Repeat Traffic
Offenders
Shoplifters
Petty Larceny
Theft
Petty Crime
Restitution**



\$10.00, 26 pp., 8 modules.

Order online at www.ccimrt.com
or use form on p. 19.

MRT Research Brief

Glacier Consulting, Inc. is developing a research program to investigate the effectiveness and impact of implementing Moral Reconciliation Therapy (MRT) in conjunction with probation programs dedicated to the drug abusing populations of adults and youth in Arizona. The results of the first two and half years of implementation justify more in-depth study and development of a comparison group to apply greater intensity in research design. The decision to enhance research efforts was directly linked to the outcomes the program has produced to date.

Improving Adult Probation for Drug Offenders in Arizona Communities: A Research Note

With support of the Yavapai County Adult Probation Department and Arizona Supreme Court Administrative Office of the Courts, a pilot MRT program for drug offender probationers was established in 2005 in Yavapai County, centered in Prescott, AZ.

The organization, Choices for Youth and Families (CYF), received a contract with Yavapai County Arizona Adult Probation to do Quality Assurance and Training. The Quality Assurance is extremely comprehensive and is offering sustainability to the Program. By April 2008, the results gained the attention of local community leaders in addition to State and County officials.

CYF's initial step was to work with Intensive Probation Supervision and train adult probation officers in MRT with 22 fully trained officers to date. The Officers are facilitating group classes throughout the County in numerous settings. Activities are organized in urban and rural areas, and the program also

serves the Spanish speaking population. A number of other Arizona counties are moving forward to replicate the program through their probation departments.

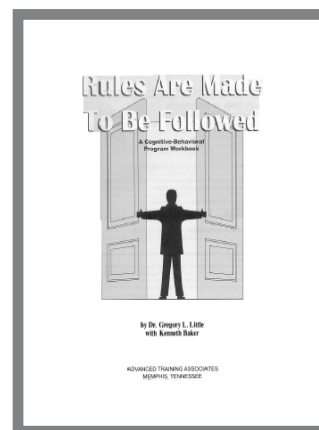
Following the implementation of a pilot program in October 2005, the Program has produced 196 graduates as of April 30, 2008. The current active population is 111 participants across eight (8) locations. 429 participants were accepted into the program and an 87% retention rate has been achieved, which significantly exceeds other approaches to treatment in probation.

In terms of program impact, recidivism of graduates has reached only 7% since inception. Community outcomes including enhanced public safety and decreased drug abuse is the result of the successful completion of the program by participants and returning participants to purposeful lives. It is anticipated that future research will produce sufficient documentation and significant findings to permit expansion of the program to many more jurisdictions.

NOW AVAILABLE FROM CCI

Are you supervising Underage Drinkers and Clients who have used false IDs?

Rules Are Made to be Followed is a four-session cognitive-behavioral workbook that targets these difficult-to-supervise clients. The Program is designed to be used in on-going groups and directly focuses on the special issues of underage drinking and the use of false identification. This is a useful resource available to judges and probation authorities to effectively intervene with this youthful population.

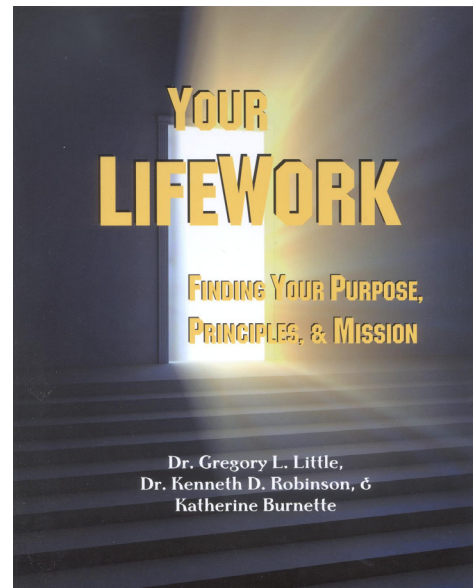


16 pages. \$10 per workbook. A simple to use Facilitator's Guide is also available for \$5.00.

Your LifeWork:

Employee Development,
Program Enhancement,
Career Exploration, &
Personal Discovery.

A systematic way
to discover
personal purpose,
principles,
and life mission.



Your LifeWork is a 70-page workbook (with 8 focused chapters) designed to lead participants through a deep exploration of their work behavior, attitudes, and career ambitions. The unique program allows individuals to make evaluations of their personality, habits, beliefs, and attitudes and compare these to what they believe is their purpose and mission. It is focused on developing an understanding of how one's principles relate to a personal purpose and a mission in life. Experienced group facilitators should have no problem implementing the program, especially with the program Facilitator's Guide and the set of program DVDs. However, there are two-day workshops available, which fully train *Your LifeWork* facilitators. These trainings are held on two consecutive 6-hour days. Contact CCI for future training dates (901-360-1564). The program is a series of structured, written exercises that explore behavior, attitudes, feelings, and goals related to work, career, co-workers, hobbies, interests, family, and day-to-day life. Participants must be willing to engage in self-reflection and share some of their thoughts with others.

Who Should Participate In Your LifeWork? *Your LifeWork* was developed as an employee enhancement program focusing on governmental agencies and businesses. Initial training outcomes have shown that employees in corrections, criminal justice, youth services, and education have found the program to create a profound personal impact. Offenders who have completed other treatment may also find the program very useful.

Call (901)
360-1564
for additional
information
about
LifeWork
Training.

***Your LifeWork* Workbook**—2007, 70 pg., 8.5 x 11 format. Single copy: \$20.00. Discounts for bulk purchases available.

***Your LifeWork* training DVDs**—2007, 8 dvd set, each covering a section/chapter from the book. The reading material from each section of the book is presented in a documentary format to ensure that all participants hear the material at the same rate. The dvds are narrated by Dr. Greg Little. This set allows a group training to be conducted over a set period of time, generally 12 hours. Retail price: \$275.00

***Your LifeWork* Group Starter Kit**—Contains 15 workbooks, one set of training DVDs, & one *Your LifeWork* Facilitator's Guide. Retail price: \$450.00

PSYCHOPHARMACOLOGY

Basics For Counselors

by Dr. Gregory L. Little

279 page authoritative soft cover text for addictions counselors, counselors in training, and those seeking a basic understanding of how drugs work in the brain. Explains the basics of psychopharmacology in an easy-to-read and easy-to-understand style. No prior understanding of brain anatomy or chemistry is required. An extensive index and references are also included. Areas covered include:

Basic History of All Major Drug Categories

Drug Abuse & Addiction Levels

Behavioral Effects & Side Effects

Tolerance & Dependence

Mechanism of Action

Psychopharmacological Interventions

Genetic Predispositions

Psychotherapeutic Drugs

Psychopharmacology is \$24.95

See page 19 for order form

Parole/Probation Program

Shoplifting Program

Something for Nothing

This program recently gained highly positive media attention in Nashville, TN where 70 shoplifters completed the program at one time in a private probation service. Participants' comments, which were unexpectedly insightful and remorseful, were reported in the news. *Something for Nothing* is an eight-hour, 17-page CBT workbook designed to be utilized in weekend or weekly groups with shoplifters—by Greg Little. Easy to implement, easy to follow workbook, shows virtually 100% completion rate with initial offenders in program. Also available in Spanish!

Something For Nothing

English & Spanish versions: \$10 each.

Also Available: *Something For Nothing* Audiotape (English): \$50

WHY is MRT® the Best Choice Your Prison Treatment Programs?

- ✓ Evidence-Based cognitive-behavioral counseling approach.
- ✓ Open-ended program with flexible client participation and pre-printed materials.
- ✓ 20-Year history of successful performance.
- ✓ Record of effective implementation at multiple sites.
- ✓ Comprehensive, proven training.
- ✓ Competitive costs.

**Register online for
MRT® training at
www.ccimrt.com
or call (901)360-1564
for additional
Information.**

Notice to CBTR Readers

CBTR is a quarterly publication featuring the latest cognitive-behavioral information and CCI news. It is now distributed electronically to everyone on our mailing list. If you would like to be notified when a new issue is available, please forward your name and email address to valeriecci@bellsouth.net. Previous newsletters are now available on our website located at www.ccimrt.com. Please contact us if you need any additional information.

You can order books
online at
www.ccimrt.com.

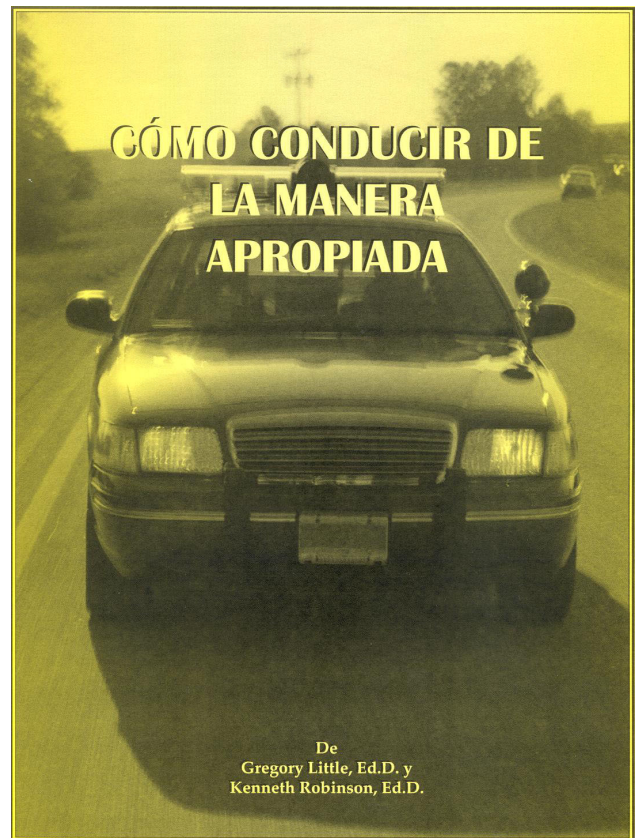
Now Available!

Cómo Conducir De La Manera Apropiada

Driving the Right Way- Spanish Edition

A Cognitive-Behavioral Program for DUI/DWI Offenders

Four-session client workbook for DWI/DUI focused on changing thinking and decision-making. The program is implemented in ongoing, open-ended groups. The workbook is only \$10.00 with discounts available for bulk purchases. The *Facilitator's Guide* is free with workbook purchase.



Is your relapse prevention component too complicated for your clients? Is it hard for them to understand or difficult to complete a 300 page "brief relapse prevention" workbook?

RELAPSE PREVENTION THAT WORKS STAYING QUIT:

A Cognitive-Behavioral Approach To Relapse Prevention

40-page client workbook based on principles of cognitive-behavioral relapse prevention—designed for eight group sessions. Focuses on risky situations, scripting changes, coping with urges and cravings, being around users, understanding support issues, and taking charge of life. *Recent research (Burnette, et. al., 2004; Little, 2002) shows that the addition of the Staying Quit relapse prevention program significantly increases Life Purpose, significantly shifts Locus of Control to a more internal locus, increases moral reasoning, and enhances several measures of social support.*

The *Staying Quit* client workbook is \$10. A simple-to-follow *Facilitator's Guide* is available for \$5. The *Staying Quit Audiotape Set* (boxed, \$50.00) contains the entire workbook text on cassette tape, a 15 min. relaxation exercise, a 15 min. progressive muscle relaxation exercise, a 20 min. clean & sober visualization, and a 25 min. desensitization tape. A Group Starter Kit is available and contains 11 workbooks, 1 *Facilitator's Guide*, review article, and a complete Audiotape Set. **The Starter Kit is \$140.00 (discounted from \$170).**

Call (901) 360-1564

Staying Quit Starter Kit—Contents

- 11 *Staying Quit* workbooks
- 1 *Facilitator's Guide*
- Workbook on cassette tape
- 15-minute *Basic Relaxation* cassette tape
- 15-minute *Progressive Relaxation* tape
- 20-minute *Clean and Sober Visualization* tape
- 25-minute *Desensitization* tape

COGNITIVE BEHAVIORAL MATERIALS AVAILABLE FROM CCI

To order go online at www.ccimrt.com, use the coupon on page 19, or call 901-360-1564.

The Punishment Myth—Understanding the criminal mind and when and why conventional wisdom fails. 8.5 x 11 softcover by Dennis A. Challeen, J. D. and Ken Robinson. \$20.00.

Understanding & Treating Antisocial Personality Disorder: Criminals, Chemical Abusers, & Batterers — 65-page updated softcover text by Drs. Greg Little and Ken Robinson. Covers the gamut of treating the most resistant of clients. With 93 refs.; \$10.00.

Crisis Intervention Strategies for Chemical Abusers & Offenders — 61-page text covering crisis intervention techniques; \$10.00.

Five-Minute Stress Manager — cassette tape of three, 5-minute relaxation segments used in MRT®, Domestic Violence, & Anger Management; \$8.95.

Parenting and Family Values — 75 page, 12 session MRT® group workbook designed to be used with parents of children experiencing problems; \$15.00.

Imaginary Future — 15 minute cassette tape used in Step 7 of MRT® to assist clients in visualizing appropriate goals; \$8.95.

Imaginary Time Out — 15 minute cassette tape used in MRT® domestic violence to assist clients in visualizing appropriate time out strategies; \$8.95.

Family Support — 26 page (8.5 X 11 softcover) CBT workbook used in groups with clients who fail to pay child and family support. Exercises for group work; \$9.00.

Job Readiness — 26 page (8.5 X 11 softcover) CBT workbook designed for use in groups with clients who have faulty beliefs about the work world; \$9.00.

Something for Nothing — 17 page (8.5 X 11 softcover) CBT workbook used in groups with offenders who are charged with shoplifting. Exercises for group work; \$10.00.

Something for Nothing (Spanish)— \$10.00.

Something for Nothing (English audiotape)—\$50.00.

You Can Get There From Here — 85-page softcover book by Father Bill Stelling telling how addictions can be changed. A priest tells how he overcame alcoholism; \$8.95

Effective Counseling Approaches for Chemical Abusers & Offenders — 104-page softcover text by Little, Robinson, & Burnette summarizing 7 major counseling theories used with offenders. Designed for assisting counselors preparing for substance abuse certification; \$12.00.

The Joy of Journaling — 110-page softcover by Drs. Pat & Paul D'Encarnacao covers the hows and whys of journaling. Shows how counselors can use journaling as a CBT method of aligning clients' beliefs and behavior; \$11.95.

PSYCHOPHARMACOLOGY: Basics for Counselors — 279 page softcover text covering the basics of the field - up-to-date and comprehensive; \$24.95.

Coping With Anger—49-page anger management cognitive behavioral workbook. Designed for use in 8 group sessions; \$10.00

Coping With Anger Group Starter Kit—contains 15 *Coping With Anger* workbooks, 2 Facilitator Guides, 2 5-Minute Stress Manager tapes, 2 Basic Relaxation & Progressive Muscle Relaxation tapes, book on cassette tape, Training DVD, plus free Quicktime file of training on CD; \$245.00

Facilitator's Guide for Coping With Anger — 8 page how-to guide for implementing the *Coping With Anger* anger management groups; \$5.00.

Coping With Anger Training DVD— 1.5 hours, shows how to start and operate an ongoing anger management program; \$100.00

Coping With Anger (book on tape)—\$65.00

Making Changes for Good— 56-page workbook designed for sex offender relapse prevention group program; \$18.00.

Facilitator's Guide for Making Changes for Good - 12 page how-to guide for implementing the sex offender relapse prevention program; \$10.00.

Untangling Relationships: Coping With Codependent Relationships Using The MRT Model— 28-page workbook for use with those who have codependent issues; Also in Spanish. \$10.00

Staying Quit: A Cognitive-Behavioral Approach to Relapse Prevention — 40-pg client workbook for relapse prevention groups. 8 program modules; \$10.00.

Facilitator's Guide to Staying Quit — 8 page how-to guide for implementing *Staying Quit* relapse prevention groups; \$5.00.

Audiotape set for Staying Quit — 3 boxed cassette audiotapes with the *Staying Quit* workbook on tape, basic relaxation, progressive muscle relaxation, clean & sober visualization, and desensitization; \$50.00.

Staying Quit Group Starter Kit — 11 client workbooks, 1 Facilitator's Guide, review article, and audiotape set; \$140.00.

Responsible Living — 26-page client workbook with 8 group sessions designed for "bad check" writers, shoplifters, and petty crime misdemeanants; \$10.00.

Thinking For Good — Group workbook directly addressing criminal thinking, behaviors, and beliefs from MRT personality stages. 10 sessions — criminal thinking is disputed; \$10.00.

Thinking For Good Facilitator's Guide — A simple, easy-to-follow facilitator's guide for implementing Thinking For Good; \$5.00.

Character Development Through Will Power & Self-Discipline — CBT group exercise workbook for use with probationers, parolees, and juveniles. Designed for 16 group sessions with scenarios discussed in group; \$20.00.

Character Development Facilitator's Guide — 54-page counselor's guide to Character Development; \$20.00.

It Can Break Your Heart— 424-page softcover book outlines the issues involved in obesity and weight loss—comes with *SmartLoss 60-Day Health Journal*—81-page, large softcover book. **Special offer:** both books (normally retailing for \$40.90) can be purchased for a total of \$4.00 with any other order from CCI. Programs and individuals can order multiple sets.

Driving the Right Way—4-session client workbook for DWI/DUI offenders. Also in Spanish. \$10.00.

Facilitator's Guide for Driving the Right Way—4-page how-to guide ; \$5.00 or free with workbook.

Your LifeWork - 70-page workbook focused on understanding how one's principles relate to a personal purpose and a mission in life. \$20.00.

Only those trained in MRT® may order the following materials

MRT® Counselor's Handbook — Bound 8.5 X 11, 20-page book giving the objective criteria for each MRT® step. Includes sections on group processes, rules, dynamics, hints, and instructions for starting an ongoing MRT® group; \$10.00.

MRT® Freedom Ladder Poster - Poster of MRT® stages, steps, and personality descriptions (B/W); \$10.00.

How To Escape Your Prison Cassette Tape Set — Three cassette tapes (3.5 hours in length) with the complete text of the MRT® workbook, *How To Escape Your Prison*, containing brief explanations by Dr. Little of exercises and tasks. For use with clients in groups where reading assistance is not present. Boxed in a vinyl tape book with color coded tapes for easy reference to steps; \$59.95.

How To Escape Your Prison — The MRT® workbook used in criminal justice, 138 pages, 8.5 X 11 perfect bound format, with all relevant exercises — by Drs. Greg Little & Ken Robinson; \$25.00.

How To Escape Your Prison in Spanish — The Spanish MRT® workbook used in criminal justice, 138 pages, 8.5 X 11 perfect bound format, identical to English version — by Drs. Greg Little & Ken Robinson; \$25.00.

How To Escape Your Prison Audiotape Set in Spanish — The Spanish MRT® workbook on three cassette tapes - boxed.; \$59.95.

Juvenile MRT® How To Escape Your Prison — MRT workbook for juvenile offenders, 8.5 X 11 perfect bound format, with all exercises.; \$25.00.

Domestic Violence Workbook — 119 pages in 8.5 X 11 format, titled, *Bringing Peace To Relationships*, for use with perpetrators of domestic violence. The MRT® format contains dozens of exercises specifically designed to focus on CBT issues of faulty beliefs, attitudes, and behaviors leading to violence in relationships; \$25.00. (Must be trained in MRT's Domestic Violence program to order.)

Domestic Violence Facilitator's Guide — 21 pg. how-to facilitator's guide to *Bringing Peace To Relationships* domestic violence groups; \$10.00.

Filling The Inner Void — MRT® workbook, 120-page spiral bound, used with juveniles, in schools - by Drs. Little & Robinson. Discusses the "Inner Enemy" (the Shadow in Jungian psychology), projection, and how we try to fill basic needs; \$25.00.

Discovering Life & Liberty in the Pursuit of Happiness — MRT® workbook for youth and others not in criminal justice; \$25.00.

CBT Materials Order Form

Item	Price Each	# Ordered	Subtotal
The Punishment Myth	\$20.00		
Something for Nothing shoplifting (Workbook)	\$10.00		
Something for Nothing (Spanish Workbook)	\$10.00		
Something for Nothing (book on tape)	\$50.00		
Understanding & Treating APD	\$10.00		
Effective Counseling Approaches text	\$12.00		
Crisis Intervention text	\$10.00		
Five-Minute Stress Manager (audio cassette)	\$8.95		
Parenting and Family Values	\$15.00		
Imaginary Future (audio cassette)	\$8.95		
Imaginary Time Out (audio cassette)	\$8.95		
Family Support (CBT workbook)	\$9.00		
Job Readiness (CBT workbook)	\$9.00		
You Can Get There From Here	\$8.95		
The Joy Of Journaling	\$11.95		
Psychopharmacology: Basics for Couns.	\$24.95		
Coping With Anger (workbook)	\$10.00		
Coping With Anger Facilitator Guide	\$5.00		
Coping With Anger Group Starter Kit	\$245.00		
Coping With Anger Training DVD	\$100.00		
Coping With Anger (book on tape)	\$50.00		
Making Changes Sex Offender Workbook	\$18.00		
Making Changes Facilitator Guide	\$10.00		
Untangling Relationships Wkbk Eng./Span.	\$10.00		
Staying Quit (workbook)	\$10.00		
Staying Quit Facilitator Guide	\$5.00		
Staying Quit Group Starter Kit	\$140.00		
Responsible Living workbook	\$10.00		
Thinking For Good workbook	\$10.00		
Thinking For Good Facilitator Guide	\$5.00		
Character Development	\$20.00		
Character Development Facilitator's Guide	\$20.00		
Driving the Right Way Workbook Eng./Span.	\$10.00		
Driving the Right Way Facilitator's Guide	Free		
Your LifeWork	\$20.00		
MRT Materials below can only be ordered by trained MRT facilitators			
MRT Counselor's Handbook	\$10.00		
MRT Poster (Freedom Ladder)	\$10.00		
How To Escape Your Prison (cassette tapes)	\$59.95		
How To Escape Your Prison	\$25.00		
How To Escape Your Prison (In Spanish)	\$25.00		
How To Escape Spanish (cassette tapes)	\$59.95		
Juvenile MRT® - How To Escape Your Prison	\$25.00		
Domestic Violence (Must take Dom. Vio.)	\$25.00		
Domestic Violence <i>Facilitator's Guide</i>	\$10.00		
Filling The Inner Void	\$25.00		
Discovering Life & Liberty...	\$25.00		



You can now order online! Go to our web site at www.ccimrt.com and click on the Store link.

Ordering Instructions

To order materials, clip or copy coupon and send with check, money order, or purchase order. All orders are shipped by UPS — no post office box delivery. When ordering only one item, the shipping fee is \$7.00. If you order more than one item, you should call CCI at (901) 360-1564 for shipping, insurance, and handling charges. Orders are typically shipped within 5 working days of receipt.

Materials below the line stating "MRT Materials..." can only be ordered by persons or agencies with trained MRT® facilitators. Call for details if you have any questions.

CREDIT CARD ORDERS:
(901) 360-1564

ORDER COUPON

Your Name and Shipping Address:

Name: _____

Agency: _____

Address: _____

City/State/Zip: _____

Phone: _____

Send form and payment to:
Correctional Counseling, Inc.
2028 Exeter Rd.
Germantown, TN 38138

_____ = **TOTAL ORDER**

_____ = **(call for Shipping)**

_____ = **Grand Total**

Memphis MRT® Training Daily Agenda

This schedule is for Memphis trainings only. Regional times and costs vary. Lunch served in Memphis only.
Lecture, discussion, group work, and individual exercises comprise MRT® training.

Monday	Tuesday	Wednesday	Thursday	Friday
8:00 a.m. to 5:00 p.m. (Lunch-provided in Memphis)	8:00 a.m. to 12:30 p.m. (Lunch - on your own)	8:00 a.m. to 5:00 p.m. (Lunch - on your own)	8:00 a.m. to 12:30 p.m. (Lunch - on your own)	8:00 a.m. to 2:00 p.m. (Lunch - provided in Memphis)
Introduction to CBT. Treating and understanding APD and treatment-resistant clients. Background of MRT® personality theory.	Personality theory continued. Systematic treatment approaches. MRT® Steps 1 - 2. About 2 hours of homework is assigned.	MRT® Steps 3 - 5.	MRT® Steps 6 - 8. About 2 hours of homework is assigned.	MRT® Steps 8-16. How to implement MRT®. Questions & answers. Awarding completion certificates.

MRT® Or Domestic Violence For Your Program
Training and other consulting services can be arranged for your location. For more information please call 901-360-1564.

Upcoming Trainings

MRT® TRAININGS:

October 21, 2008 to October 24, 2008 - Idaho Falls, ID
November 17, 2008 to November 21, 2008 - Germantown, TN
December 1, 2008 to December 4, 2008 - New York City, NY
December 1, 2008 to December 5, 2008 - Germantown, TN
December 9, 2008 to December 12, 2008 - Lafayette, LA
January 12, 2009 to January 15, 2009 - Flagstaff, AZ
January 13, 2009 to January 16, 2009 - Albuquerque, NM
February 2, 2009 to February 5, 2009 - Grand Rapids, MI
February 10, 2009 to February 13, 2009 - Olympia, WA
February 16, 2009 to January 20, 2009 - Germantown, TN
March 30, 2009 to April 3, 2009 - Germantown, TN
May 11, 2009 to May 15, 2009 - Germantown, TN

ADVANCED MRT® TRAININGS:

October 20, 2008 - Idaho Falls, ID
April 29, 2009 to April 30, 2009 - Germantown, TN

DOMESTIC VIOLENCE TRAININGS:

October 20, 2008 to October 23, 2008 - Germantown, TN
November 17, 2008 to November 20, 2008 - Johnson City, TN
June 9, 2009 to June 12, 2009 - Olympia, WA

COGNITIVE-BEHAVIORAL TREATMENT REVIEW

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