



CORRECTIONAL COUNSELING, INC.  
PRESENTS CERTIFIED, EVIDENCE-BASED TRAINING

# MRT-Moral Reconciliation Therapy® for Domestic Violence Training

## Daily Agenda, 4 Day, 32 Hour Training

\* 3.2 Continuing Education Units will be available from Louisiana State University at Shreveport.  
A separate form and fee are required for these CEU certificates.

Lecture, discussion, group work, homework, and individual exercises comprise MRT Training.

### Day One

8:30 AM – 10:00 AM	Who Batters?
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	Abuse Cycle
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 3:00 PM	Research Finding & Treating Those Who Batter & Treatment Resistant Clients
3:00 PM – 3:15 PM	Break
3:15 PM – 5:00 PM	Characteristics of Cluster B Personality Disorders

Two Hours of Homework Assigned for Day One

### Day Two

8:30 AM – 10:00 AM	Systematic & Consistent Treatment Approaches
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	Chapter 1- Domestic Violence is Not Normal; Chapter 2- Who Batters & Group Process
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 3:00 PM	Chapter 3- Honesty & Group Process; Chapter 4- Trust & Group Process
3:00 PM – 3:15 PM	Break
3:15 PM – 5:00 PM	Chapter 5- Client Acceptance; Chapter 6- Client Awareness

Two Hours of Homework Assigned for Day Two

### Day Three

8:30 AM – 10:00 AM	Chapter 7-Damaged Relationships; Chapter 8- Anger & Abuse Cycle
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	Chapter 9- Anger & Development of Appropriate Responses
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 3:00 PM	Chapter 10-Relationships & Responses to Anger
3:00 PM – 3:15 PM	Break
3:15 PM – 5:00 PM	Chapter 11- Formation of Positive Habits & Behaviors; Chapter 12- Choosing an Identity

Two Hours of Homework Assigned for Day Three

### Day Four

8:30 AM – 10:00 AM	Chapter 13- Forming Relationship Goals; Chapter 14- Identifying Values in Relationship to Goals
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	Chapter 15- Making Firm Commitments; Chapter 16- Peaceful Partnership & Equality
12:00 PM – 12:30 PM	Lunch Break
12:30 PM – 3:00 PM	How to Implement the Cognitive Behavioral Domestic Violence Program: Questions & Answers: Awarding of Certificate of Completion