



CORRECTIONAL COUNSELING, INC.  
PRESENTS CERTIFIED, EVIDENCE-BASED TRAINING

# MRT-Moral Reconciliation Therapy® Training

## Daily Agenda, 4 Day, 32 Hour Training

\* 3.2 Continuing Education Units will be available from Louisiana State University at Shreveport.  
A separate form and fee are required for these CEU certificates.

Lecture, discussion, group work, homework, and individual exercises comprise MRT Training.

### Day One

8:30 AM – 10:00 AM	Introduction and history of MRT: Characteristics of Substance Abusers
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	Treating sociopaths & treatment-resistant clients with substance abuse problems
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 3:00 PM	Cognitive Behavioral Treatment for substance abusers and clients with Anti-Social Personality Disorder
3:00 PM – 3:15 PM	Break
3:15 PM – 5:00 PM	Erikson’s Theory of Personality Development: Kohlberg’s Theory of Moral Development and how it relates to abuse of Drugs

Two Hours of Homework Assigned for Day One

### Day Two

8:30 AM – 10:00 AM	MRT Personality Theory
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	MRT Step 1 - Honesty & Group Processes
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 3:00 PM	MRT Step 2 -Trust & Group Processes
3:00 PM – 3:15 PM	Break
3:15 PM – 5:00 PM	MRT Step 3 - Client Acceptance

Two Hours of Homework Assigned for Day Two

### Day Three

8:30 AM – 10:00 AM	MRT Step 4 - Client Awareness
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	MRT Step 5 - Healing Damaged Relationships
12:00 PM – 1:00 PM	Lunch Break
1:00 PM – 3:00 PM	MRT Step 6 - Formation of Positive Habits & Behavior
3:00 PM – 3:15 PM	Break
3:15 PM – 5:00 PM	MRT Step 7 - Choosing an Identity & Goal Setting

Two Hours of Homework Assigned for Day Three

### Day Four

8:30 AM – 10:00 AM	MRT Step 8 - Maintaining Identity Goals; MRT Step 9 - Commitment to Change
10:00 AM – 10:15 AM	Break
10:15 AM – 12:00 PM	MRT Step 10 - Maintaining Positive Changes; MRT Step 11 - Keeping Moral Commitments
12:00 PM – 12:30 PM	Lunch Break
12:30 PM – 3:00 PM	MRT Step 12 - Choosing Moral Goals; MRT Steps 13 - 16 - Your Inner Self: How to Implement MRT Questions and Answers: Awarding of Certificate of Completion