# **CCI Spotlight: Juvenile Programs**

Whether you're working with juvenile offenders or at-risk youth, CCI offers proven programs to help them learn necessary life skills, such as how to make better decisions, set and achieve goals, stay motivated to make positive changes in their lives, handle their emotions appropriately, and learn the skills necessary to get—and keep—a job.

Visit our online store at ccimrt.com/shop or call our office at (901) 360-1564 to order materials.

## **Juvenile How to Escape Your Prison:**

Focus: Criminal thinking & substance abuse

**Settings:** Probation & parole, community corrections, diversion programs, private treatment settings, educational settings, & drug/mental health/juvenile courts

**Program Length:** 16 steps, typically completed in 30 group sessions

**Details:** The 122-page workbook is a juvenile adaptation of the NREPP-certified adult MRT program. All MRT programs are open-ended (new clients can enter an ongoing group at any time), and all MRT facilitators must complete basic MRT training.

## **Something for Nothing:**

Focus: Shoplifting

Settings: Corrections, probation & parole, community corrections, diversion programs, &

private treatment settings

Program Length: 6 exercises designed to be completed in 8 group hours

**Details:** This 17-page program can be completed in open-ended, weekly group sessions or weekend programs (not open-ended). Audio and Spanish versions of this workbook are also available.

#### Rules Are Made to Be Followed:

**Focus:** Underage drinking and/or Fake I.D.

Settings: Probation, diversion programs, brief treatment settings

**Program Length:** 4 sessions or 13 exercises

**Details:** The program can be conducted over a weekend or in weekly group meetings. A

facilitator's guide is available.

### Life Skills: Getting a Job & Exploring Career Possibilities:

**Focus:** Teach necessary life skills to help juveniles get—and keep—a job, and to begin thinking about a career.

**Settings:** Designed to be employed with juveniles who are about to enter the workforce—or with those who have already been employed and are looking for their next job or career

**Program Length:** 54-page workbook containing 11 chapters or 19 exercises

**Details:** Groups can be conducted in an open-ended format, where clients can work on completing sessions at their own pace, or in an educational format, where all members of the group complete sessions at the same time. There is a 4-page facilitator's guide available which provides information about the content & homework assignments, as well as recommendations about how to effectively conduct the group conseling process.