



**CORRECTIONAL COUNSELING, INC.
PRESENTS CERTIFIED, EVIDENCE-BASED TRAINING**

MRT-Moral Reconciliation Therapy® ONLINE Training

Daily Agenda, 4 Day, 32 Hour Training

* 3.2 Continuing Education Units will be available from Louisiana State University at Shreveport.
A separate form and fee are required for these CEU certificates.

Lecture, discussion, group work, homework, and individual exercises comprise MRT Training.

Day One

8:30 AM – 9:55 AM	Introduction and history of MRT: Characteristics of Substance Abusers
9:55 AM – 10:05 AM	Break
10:05 AM – 11:00 AM	Treating sociopaths & treatment-resistant clients with substance abuse problems
11:00 AM-11:10 AM	Break
11:10 AM-12:00 PM	Treating sociopaths & treatment-resistant clients with substance abuse problems continued
12:00 PM – 1:15 PM	Lunch Break
1:15 PM – 2:30 PM	Cognitive Behavioral Treatment for substance abusers and clients with Anti-Social Personality Disorder
2:30 PM – 2:45 PM	Break
2:45 PM – 4:00 PM	Erikson’s Theory of Personality Development: Kohlberg’s Theory of Moral Development and how it relates to abuse of Drugs

Two Hours of Homework Assigned for Day One

Day Two

8:30 AM – 9:55 AM	MRT Personality Theory
9:55 AM – 10:05 AM	Break
10:05 AM – 11:00 AM	MRT Step 1 - Honesty & Group Processes
11:00 AM-11:10 AM	Break
11:10 AM-12:00 PM	MRT Step 1 – Honesty & Group Process Continued
12:00 PM – 1:15 PM	Lunch Break
1:15 PM – 2:30 PM	MRT Step 2 -Trust & Group Processes
2:30 PM – 2:45 PM	Break
2:45 PM – 4:00 PM	MRT Step 3 - Client Acceptance

Two Hours of Homework Assigned for Day Two

Day Three

8:30 AM – 9:55 AM	MRT Step 4 - Client Awareness
9:55 AM – 10:05 AM	Break
10:05 AM – 11:00 AM	MRT Step 5 - Healing Damaged Relationships
11:00 AM-11:10 AM	Break
11:10 AM-12:00 PM	MRT Step 5 – Healing Damaged Relationships
12:00 PM – 1:15 PM	Lunch Break
1:15 PM – 2:30 PM	MRT Step 6 - Formation of Positive Habits & Behavior
2:30 PM – 2:45 PM	Break
2:45 PM – 4:00 PM	MRT Step 7 - Choosing an Identity & Goal Setting

Two Hours of Homework Assigned for Day Three

Day Four

8:30 AM – 9:55 AM	MRT Step 8 - Maintaining Identity Goals; MRT Step 9 - Commitment to Change
9:55 AM – 10:05 AM	Break
10:05 AM – 11:15 AM	MRT Step 10 - Maintaining Positive Changes; MRT Step 11 – Keeping Moral Commitments
11:15 AM – 11:30 AM	Break
11:30 AM – 1:00 PM	MRT Step 12 - Choosing Moral Goals; MRT Steps 13 - 16 - Your Inner Self: How to Implement MRT Questions and Answers: Awarding of Certificate of Completion

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