



# MRT-Moral Reconciliation Therapy®

## ONLINE Training

### Daily Agenda, 4 Day, 32 Hour Training

#### 10:00 AM Start time

\* 3.2 Continuing Education Units will be available from Louisiana State University at Shreveport.  
A separate form and fee are required for these CEU certificates.

Lecture, discussion, group work, homework, and individual exercises comprise MRT Training.

#### Day One

10 AM – 11:25 AM	Introduction and history of MRT: Characteristics of Substance Abusers
11:25 AM – 11:35 AM	Break
11:35 AM – 12:30 PM	Treating sociopaths & treatment-resistant clients with substance abuse problems
12:30 PM - 12:40 PM	Break
12:40 PM - 1:30 PM	Treating sociopaths & treatment-resistant clients with substance abuse problems continued
1:30 PM – 2:45 PM	Lunch Break
2:45 PM – 4:00 PM	Cognitive Behavioral Treatment for substance abusers and clients with Anti-Social Personality Disorder
4:00 PM – 4:15 PM	Break
4:15 PM – 6:00 PM	Erikson's Theory of Personality Development: Kohlberg's Theory of Moral Development and how it relates to abuse of Drugs

Two Hours of Homework Assigned for Day One

#### Day Two

10 AM – 11:25 AM	MRT Personality Theory
11:25 AM – 11:35 AM	Break
11:35 AM - 12:30 PM	MRT Step 1 - Honesty & Group Processes
12:30 PM - 12:40 PM	Break
12:40 PM - 1:30 PM	MRT Step 1 – Honesty & Group Process Continued
1:30 PM - 2:45 PM	Lunch Break
2:45 PM – 4:00 PM	MRT Step 2 -Trust & Group Processes
4:00 PM – 4:15 PM	Break
4:15 PM – 6:00 PM	MRT Step 3 - Client Acceptance

Two Hours of Homework Assigned for Day Two

#### Day Three

10 AM – 11:25 AM	MRT Step 4 - Client Awareness
11:25 AM – 11:35 AM	Break
11:35 AM - 12:30 PM	MRT Step 5 - Healing Damaged Relationships
12:30 PM - 12:40 PM	Break
12:40 PM - 1:30 PM	MRT Step 5 – Healing Damaged Relationships
1:30 PM - 2:45 PM	Lunch Break
2:45 PM – 4:00 PM	MRT Step 6 - Formation of Positive Habits & Behavior
4:00 PM - 4:15 PM	Break
4:15 PM – 6:00 PM	MRT Step 7 - Choosing an Identity & Goal Setting

Two Hours of Homework Assigned for Day Three

#### Day Four

10 AM - 11:25 AM	MRT Step 8 - Maintaining Identity Goals; MRT Step 9 - Commitment to Change
11:25 AM - 11:35 AM	Break
11:35 AM – 12:45 PM	MRT Step 10 - Maintaining Positive Changes; MRT Step 11 – Keeping Moral Commitments
12:45 PM – 1:00 PM	Break
1:00 PM – 2:30 PM	MRT Step 12 - Choosing Moral Goals; MRT Steps 13 - 16 - Your Inner Self: How to Implement MRT Questions and Answers: Awarding of Certificate of Completion