

CORRECTIONAL COUNSELING, INC.
FOUNDATIONS OF SUBSTANCE USE DISORDER
8.5 – HOUR TRAINING AGENDA

8:30 AM to 10:30 AM	<ul style="list-style-type: none">• Introductions• Definition of Addiction and Dependency and neurological effects• SUD Data/Research• including Types, Prevalence, Relapse Rates and Risk Factors• Cycle of Addiction• Stages of Change
10:30 AM to 10:45 AM	Break
10:45 AM to 12:00 PM	Cognitive Behavioral Therapy Definition and Approaches that are effective in treating Substance Use Disorders
12:00 PM to 1:00 PM	Lunch Break
1:00 PM to 3:00 PM	What Do I Do Now and Where Do I Go Now Modules
3:00 PM to 3:15 PM	Break
3:15 PM to 4:30 PM	Taking The High Road and Staying Quit Modules
4:30 PM to 5:00 PM	Questions, CEU's and Certificates